

## HOUSING FOR PEOPLE WITH MENTAL ILLNESS FROM THE RECOVERY APPROACH



4<sup>th</sup> December 2014

Regional Management of Social Affairs (Castilla y León).C/ Francisco Suárez, 2, Valladolid

### Background and Introduction

*Housing is a fundamental human right and having a home is considered fundamental to positive mental health and a good life.*

*This seminar will explore a variety of critical issues in relation to housing and creating a home, using a mental health recovery lens.*

*The format will involve a useful mix of presentations, an interactive workshop and a Questions & Answers session. The event will provide a valuable chance for participants to consider service developments in the Spanish context, current best practice models and to address key opportunities and challenges for service users, service providers and wider communities.*

### Programme

09:30 - 10:00

Registration

10:00 - 10:30

**Welcome and introduction**

Representative of the Regional Management of Social Affairs (TBC)

Mr. Pablo Gómez (Managing Director of Fundación INTRAS)

10:30 - 11:30 **Housing from the mental health recovery perspective**

**“Mental health recovery & recovery-oriented practice: some key lessons”**, Tom O’Brien, PhD, (Principal Psychologist, EVE, a programme in the Health Service Executive, Dublin, Ireland & EPR Senior Expert on mental health)

**“Making a home: translating the principles of mental health recovery to housing”**, Martin Rogan, independent professional of the mental health sector and chair of the IIMHL (International Initiative for Mental Health Leadership)



This event is supported under the EU Programme for Employment and Social Solidarity – PROGRESS (2007-2013). The European Commission is acting as the Contracting Authority.

11:30 – 12:00 Coffee break

12:00 – 13:30 **Workshop: Working in partnership towards a common housing aim**  
Facilitators: Martin Rogan & Tom O'Brien

Topics to be discussed:

- From Patients to Neighbours - making new connections.
- Listening and responding to community concerns while addressing discrimination and stigma.
- Life and limitations in the community.
- Workforce: managing new roles and relationships.
- Designed for success: choosing good locations and scale.
- Shared objectives: sustaining tenancy and health
- Beyond Rehabilitation to Recovery

13:30 – 14:00 Open questions & answers

Simultaneous translation available during all the session

## Practical Information

Pilar Rodríguez, Fundación INTRAS: [intras@intras.es](mailto:intras@intras.es) (0034) 983 399 633

Free entry (Limit 60 people)

With the contribution of